A Child's Place in Space & Time

Environment and Curriculum

Intro

3 Hours

This session was designed to provide early learning professionals with the knowledge and tools needed to successfully implement learning opportunities from the 'My Family, My Community, My World section of the Delaware Early Learning Foundations for preschool and the 'Discoveries', 'Social Emotional' and 'Language and Literacy' learning opportunities from the Early Learning Foundations for infants and toddlers. This workshop presents participants with geography and history concepts for young children. Participants will learn techniques that encourage curiosity and expand a child's knowledge of places and spaces beginning within the child's own residence, and expanding to their community and learning environment. As a result of this workshop, children will begin to learn about the past, present, and future through play and activities.

A Child's Place in Their Community

Environment and Curriculum

Intro

3 Hours

This session was designed to provide early learning professionals with the knowledge and tools needed to successfully implement learning opportunities from the 'My Family, My Community, My World section of the Delaware Early Learning Foundations for preschool and the 'Discoveries', 'Social Emotional' and 'Language and Literacy' learning opportunities from the Early Learning Foundations for infants and toddlers. Participants will learn appropriate civic and economic concepts for young children, such as money and resources, through planned learning opportunities and play. This workshop also encourages children to collaboratively work and solve problems together. As a member of the community, children should play a part in creating the rules.

A Child's Place with Others

Environment and Curriculum

Intro

3 Hours

This session was designed to provide early learning professionals with the knowledge and tools needed to successfully implement learning opportunities from the 'My Family, My Community, My World section of the Delaware Early Learning Foundations for preschool and the 'Discoveries', 'Social Emotional' and 'Language and Literacy' learning opportunities from the Early Learning Foundations for infants and toddlers. Participants will learn appropriate family, culture and diversity concepts for young children by encouraging curiosity and expanding knowledge through play. Conversations about similarities and differences are a vital part of becoming respectful citizens within the community and in their daily experiences, children encounter many cultures.

ADHD Awareness
Child/Youth Development
Intro
3 Hours
The topics of this workshop include the characteristics of ADHD and common misconceptions associated with ADHD as well as the process of how ADHD is diagnosed and commonly treated. Participants will also learn the best practice approaches for working with children, especially those with ADHD, or symptoms associated with ADHD, in childcare settings.

Applying the Early Childhood Environment Rating Scales-ECERS-R
Environment and Curriculum
Intro
4 Hours
This session will introduce participants to the Early Childhood Environment Rating Scale (ECERS-R).   Participants will learn how to use this assessment tool for quality improvement in an early childhood classroom.

Applying the Family Child Care Environment Rating Scales- FCCERS-R
Environment and Curriculum
Intro
4 Hours
This session will introduce participants to the Family Child Care Environment Rating Scale (FCCERS-R). Participants will learn how to use this assessment tool for quality improvement in a family or large family child care program.

Applying the Infant and Toddler Environment Rating Scales-ITERS
Environment and Curriculum
Intro
4 Hours
This session will introduce participants to the Infant Toddler Environment Rating Scale (ITERS-R). Participants will learn how to use this assessment tool for quality improvement in an infant toddler classroom.

Applying the School-Age Care Environment Rating Scales-SACERS
Environment and Curriculum
Intro
4 Hours
This session will introduce participants to the School-Age Care Environment Rating Scale (SACERS). Participants will learn how to use this assessment tool for quality improvement in a school-age program.

Cara's Kit

Environment and Curriculum
Intro
3 Hours
Inclusion Credential
OFFERED BY EASTER SEALS

Participants will learn how to use a six-step approach to adaptations in order to increase children's engagement and participation in classroom routines and activities. Adaptations are a primary method for meeting the unique needs of individuals or groups of children who are experiencing challenges during everyday routines and activities. CARA's Kit helps you make decisions in situations where there is a difference between what you would like to see happen and what is actually happening.

Child Assessment for Administrators: Polishing the Lens

Observation and Assessment
Intermediate
6 hours
Family Child Care Credential
Preschool Credential

This workshop is the first of three assessment modules that are designed to support administrators' understanding of the comprehensive assessment system, and its relationship to children's learning. This module, Part One, focuses on an overview of the types and purposes of assessment and the four parts of the assessment cycle. The series pays particular attention to the way in which administrators can guide and support teachers' understanding and use of child assessment as part of their instructional practice.

Child Assessment for Teachers: The Power of Practice

Observation and Assessment
Intro
6 hours
Family Child Care Credential
Preschool Credential

This workshop is first of three assessment modules that are designed to support teachers' understanding of the comprehensive assessment system, and its relationship to children's learning. This module, Part One, focuses on an overview of the types and purposes of assessment and the four parts of the assessment cycle. The series pays particular attention to the practice of observation and planning and the understanding and use of child assessment as part of instructional practice.

Child Development: Start Here!
Child/Youth Development
Intro
6 Hours
THIS WORKSHOP DOES NOT MEET THE CHILD DEVELOPMENT REQUIREMENT FOR LICENSING.

This workshop provides an overview of the theories and developmental sequences of children's growth.   Participants are given opportunities to examine how stages of development impact decisions about teaching, appropriate and supportive interactions, and activities.   They will learn about children's physical, cognitive, language, social, and emotional development as well as be provided with an overview of each area of development and information about typical patterns of development.

Creating A Quality Family Child Care Program
Environment and Curriculum
Intro
3 Hours
Family Child Care Credential
Participants will explore areas of Family Child Care programming as well as how to arrange the environment to support those areas. This workshop will support the balance of a business and personal shared space; appropriate schedules (including routine and transition times); and other factors that influence the environment, such as light, sound and color.

Cultural Competence for Early Childhood Professionals
Multiple Topics
Advanced
4 Hours

This session will introduce and broaden the early care and education professional's awareness of their cultural competency and issues around diversity. Early learning professionals will also develop strategies for working with children and families from diverse cultures and increase their understanding of the NAEYC Code of Ethical Conduct to address ethical dilemmas when working with diverse children and families.

Developmentally Appropriate Practice
Environment and Curriculum
Intermediate
12 Hours
Preschool Credential
Family Child Care Credential
The purpose of this session of Developmentally Appropriate Practice (DAP) is to introduce participants to the concept of Developmentally Appropriate Practice, as outlined my NAEYC, and how it impacts quality early childhood education. The focus in this session is to examine the use of DAP principles and guidelines in everyday practice in early childhood education.

Facing the Challenge: Understanding and Addressing Challenging Behavior in Children
Social Emotional Development
Intermediate
6 Hours
In this workshop participants will define "challenging behavior" and examine the possible triggers. This class will teach concrete ways to replace challenging behavior through relationships, environmental strategies, and the use of Functional Behavior Assessments.

*Family Child Care: Business Practices
Management and Administration
Intro
6 Hours
Family Child Care Credential
In this training, family child care providers will be introduced to the best practices of business in the areas of record keeping (income and expenses), contracts (agreements and policies) and marketing. You will gain valuable resources and techniques for running your family child care business.

Flip It: Flipping the Challenging Behavior
Social Emotional Development
Intermediate
6 Hours
Participants will learn and practice a four step process for children to identify feelings, learn healthy limits, learn self-control and choose socially responsible actions. Participants will learn how to respond positively to everyday challenging behaviors in children 3-8 years of age.

Fundamentals of Family Child Care
Multiple Topics
Intro
15 Hours
*Licensing
This series will provide both novice and experienced family child care provider with an overview of regulations, multi-age environments, child development, curriculum and social emotional development. Explore integrating your family into your business, the use of your home as a place of business and take advantage of daily routines as activities for children in your program.

Health in Early Care and Education: Asthma and Allergies
Health and Safety
Intro
2 Hours
This two hour workshop will explain allergies in children, how to recognize and respond to allergies, as well as approaches to allergy management and treatment. During this workshop, the participant will learn what it means for a child to live with asthma, controlling the factors that affect asthma and the basics of asthma management.

Health in Early Care and Education: Diarrhea and Vomiting
Health and Safety
Intro
2 Hours

Using a variety of instructional methods and tools, early learning professionals will learn information on common causes and management of diarrhea and vomiting children may experience while in child care settings. The purpose of this training module is to provide child care providers with assessment tools, information on prevention, and strategies to intervene if a child has an upset stomach.

Health in Early Care and Education: Head Lice and Lyme's Disease
Health and Safety
Intro
2 Hours

Enhance your knowledge of Head Lice and Lyme's disease in this two hour workshop.

Participants will learn the methods to identify lice and Lyme's disease in children and current methods of treatment. Strategies taught can be used in early care settings. Includes important information to pass along to parents.

Health in Early Care and Education: Infectious Disease
Health and Safety
Intro
2 Hours
Early learning professionals will learn how to identify, manage, and prevent problems with infectious and communicable diseases and reduce the incidence of problems. This workshop will help participants identify common infections in children, how to prevent the spread of communicable disease, manage fevers, and demonstrate appropriate techniques to control the spread of disease in the child care setting.

Health in Early Care and Education: Protecting Skin
Health and Safety
Intro
2 Hours

Enhance your knowledge about a child's skin in this two hour workshop. Topics explored will

be: the skin, recognizing skin lesions, skin problems related to chemical or physical contact, skin problems from insect and/or animal contact and the basics of managing skin care in early care settings. Includes important information to be shared with parents.

Health in Early Care and Education: Sniffles and Colds
Health and Safety
Intro
2 Hours
This two hour workshop will support participants in gaining knowledge about identification, management and prevention of colds and other respiratory problems in children.

How to Administer & Score the Ages & Stages Questionnaire-3 and the Ages& Stages-SE
Observation and Assessment
Intro
6 Hours
OFFERED BY EASTER SEALS
Participants will understand the importance of early screening and be able to administer, score, and translate results of the Ages & Stages Questionnaire-3 (ASQ-3) and the Ages & Stages Questionnaire-Social Emotional (ASQ-SE). Upon completion of this course, participants will be able to work with families to be proactive in screening for possible areas of delay, while respecting the family's culture, religion, & values. Participants will also become familiar with the referral process.

Implementing Early Learning Foundations (ELF)
Environment and Curriculum
Intro
3 Hours
This session will introduce practitioners to the Infant/Toddler and Preschool Early Learning Foundations (ELF), revised in 2010; participate in practical hands-on activities; and learn how to incorporate ELF into your experience planning. These learning opportunities (ELF) will provide children infancy through preschool with appropriate skills they need as they develop and prepare for kindergarten.

Implementing Teaching Strategies Gold
Observation and Assessment
Intermediate
6 hours
Family Child Care Credential
Preschool Credential
This workshop teaches participants to use the TSI Gold, a validated and reliable observational system. This assessment tool is an ongoing and authentic way to assess children birth through kindergarten including children with special needs. This is a private workshop which is currently only being offered to participants selected by their Stars TA's. We are looking for early childhood educators from Star 4 or 5 programs who will be able to implement these practices immediately after participating in the workshop. This workshop supports Stars Standard:
 • LO3- Program implements a formative child assessment for all infants, toddlers, and preschoolers a minimum of two times each year and a developmental youth assessment for school-age children/youth annually.

Inclusion Best Practice
Environment and Curriculum
Intro
3 Hours
Inclusion Credential
This session introduces early care educators and school-age professionals to inclusive education (working with children with disabilities); to understanding the philosophy and rationale for inclusion; to strategies for working with families; and how to implement inclusion practices.

Introduction to Center Based Early Care and Education
Multiple Topics
Intro
18 Hours
*Licensing

This series is a comprehensive introduction to Delaware's center-based early care and education. Participants will explore the role of an early care and education professional; learn the basics of health and safety; explore strategies for working with groups of children; and learn how to partner with families.

Leadership for Early Childhood Directors and Administrators
Management and Administration
Advanced
4 Hours
Directors and administrators who are able to distinguish between leadership and management tend to be more successful in business and staff development. Topics in this workshop include characteristics and essential qualities of being a successful leader, what leadership looks like in early childhood, and aspects of team building and strategic planning.

Lesson Planning: Foundations
Environment and Curriculum
Intro
3 Hours
This workshop provides an overview of the purpose and practicalities of daily lesson planning. Some of the topics include Developmentally Appropriate Practice, individualizing and choosing a lesson planning system, as well as critical skills for long-term planning.

Literacy: Learning Together
Environment and Curriculum
Intro
4 Hours
This workshop will help caregivers learn ways to prepare children for literacy and learning, enhance language development through modeling, and will provide skill development that encourages positive parent-child literacy experiences.

Moving Youth Ahead: Introduction to School-Age Care
Multiple Topics
Intro
15 Hours
*Licensing
OFFERED BY COOPERATIVE EXTENSION
This series will address the Core Competencies for School-Age Professionals. It will serve as a foundation of support for new and experienced members of the workforce and include

opportunities for reflective practice.

Multi-Age Learning Environments in Family Child Care
Environment and Curriculum
Intro
3 Hours
Family Child Care Credential
Participants will learn how to choose developmentally appropriate materials and activities; adapt activities based on the needs of the children; and identify the benefits to having a multi-age program. Participants will learn ways to work with infants, toddlers, preschoolers and school age and keep everyone engaged, productive and safe.

Numbers and Counting
Environment and Curriculum
Intro
3 Hours
Based on the Early Learning Foundations (Mathematics Domain), this workshop demonstrates how numbers and counting are a part of our daily lives. Helping children make the use of these skills second nature is vital to everyday success. Best practices and creative ways to teach children are highlighted to help young children practice numbers and counting. A goal of the workshop is to help children view numbers and counting as an everyday, everywhere skill.

Observation: Strategies for Success
Observation and Assessment
Intro
3 Hours
The purpose of this workshop is to introduce participants to the concepts of observation and assessment, and its value in planning for the use of the subsequent information/ data within programs. The workshop gives observation practice opportunities and shows participants how to use observation objectively. Participants will learn how to be purposeful in choosing observation situations and in recording information for the purpose of planning.

RELATE: Infant and Toddler Communication and Learning
Environment and Curriculum
Intermediate
15 Hours
Infant Toddler Credential
This 15 hour series will introduce participants to their role in language development, the role of culture, and how to support family communication. The workshop explores Infant &

Toddler curriculum that supports individual children's goals and plans experiences to support all children. Participants will also learn to incorporate developmentally appropriate practices and Early Learning Foundations as a framework for creating and using Curriculum.

RELATE: Infant/Toddlers Routines and Curriculum Using Observation and Assessment
Multiple Topics
Intermediate
15 Hours
*Infant Toddler Credential**
This 15 hour series will provide opportunities for participants to explore materials and curriculum; examine infant/toddler routines as a time to focus on individual interactions, plan for intentional teaching opportunities, and the use of observation and assessment in curriculum development and adaptation. Participants will also learn how to use observation skills to identify children's strengths and needs.

RELATE: Quality Environments & Organizational Structure of Infant/Toddler Programs
Environment and Curriculum
Intermediate
15 Hours
Infant Toddler Credential
This 15 hour series will help participants learn how to organize a quality environment to promote children's learning and development and work with their families. Incorporating ERS into our design and remembering licensing regulations, participants will be able to create an environment that will engage children and encourage new skill development.

RELATE: Relationships with Infants & Toddlers-Social Emotional Growth
Social Emotional Development
Intermediate
15 Hours
Infant Toddler Credential
This 15 hour series will help participants learn how to develop and nurture infants' and toddlers' social emotional growth, explore the stages of development, individuality, guidance, and techniques on how to build relationships and their social-emotional growth. Participants will have an opportunity to learn theory and best practices related to infants' and toddlers' social and emotional development.

Rock Solid Foundations: Building Relationships
Social Emotional Development
Intermediate
3 Hours
This interactive training will invite participants to consider ways to build positive, nurturing, responsive, and dependable relationships with the young children in their care.

Rock Solid Foundations: Responsive Environments
Social Emotional Development
Intermediate
3 Hours
Have you taken a close look at the environments and routines you've created for young children? This engaging training will provide specific strategies and resources on how to design a responsive environment that promotes children's social and emotional growth.

Rock Solid Foundations: Friendship and Play Skills
Social Emotional Development
Intermediate
3 Hours
This interactive training invites you to consider ways to promote the social and emotional competence of young children and prevent challenging behavior. Those of us who provide care to young children and their families build our skills in carefully observing the social emotional cues provided to us by the children in order to respond to them with interactions that build responsive, nurturing relationships.

Rock Solid Foundations: Enhancing Emotional Literacy
Social Emotional Development
Intermediate
3 Hours
This interactive training invites you to consider ways to promote the social and emotional competence of young children and prevent challenging behavior. This workshop will talk about shared experiences, acknowledging and labeling emotions, and letting children know that we see, hear, understand and accept their feelings. These are all major strategies that all caregivers can use to develop emotional literacy.

School-Age: Family and Community Partnership
Family and Community
Intermediate
15 Hours (5 Sessions)
School-Age Credential
OFFERED AS ONLINE WORKSHOP
This workshop explores family communication; family diversity; community and school partnerships; and tools for effective collaboration. Participants will learn how to increase human relationship skills of communication and team work and explore effective problem solving strategies for working together cooperatively in groups and teams.

School-Age: Learning Environments and Curriculum
Environment and Curriculum
Intermediate
15 Hours
School-Age Credential
OFFERED AS ONLINE WORKSHOP
This workshop explores the learning environment and curriculum in school-age programs/classrooms. This includes intentional program planning; developing activities that encourage creativity and cognitive development; and creating an appropriate indoor and outdoor school-age environment. Participants will also discover ways to incorporate the ERS as we design spaces that show the students that we value them and learn ways to get students involved and to stay engaged with program activities and experiences.

School-Age: Supporting Social Emotional Wellness
Social Emotional Development
Intermediate
15 Hours
School-Age Credential
OFFERED AS ONLINE WORKSHOP
The purpose of this training is to provide participants with information about the social and emotional development and needs of school-aged children. Using the DAP core considerations participants will review child and youth development, learn observation and assessment skills to identify individual skills and needs and learn how to embrace the social and cultural worlds of the students. Participants will also develop the knowledge and skills needed to provide enriching activities to support this development and strategies to work with challenging behaviors.

School-Age: Youth Development
Child Development
Intro
15 Hours
School-Age Credential
OFFERED AS ONLINE WORKSHOP
This workshop explores how school-age youth develop. This includes the ongoing developmental continuum; the four areas of development: cognitive, physical, social and emotional: developmental needs and characteristics; individual differences; and how development influences your work with youth. This workshop also spends some time addressing special needs especially ADD and ADHD.

Sensory Disorders
Child Development
Intro
3 Hours
This workshop will introduce participants to background information on the 8 senses as well as present various sensory discomforts and disorders that both children and adults may experience. Participants will also learn techniques that may calm discomforts felt due to various sensory experiences.

Set the Stage
Environment and Curriculum
Intro
3 Hours
Based on the Early Learning Foundations (Creative Expressions Domain), this workshop invites participants to come experience and learn the value of dramatic play in your classroom. Participants will do hands on activities and use the early learning foundations to assist them in designing an environment to help children learn through dramatic play.

Shapes and Patterns
Environment and Curriculum
Intro
3 Hours
Based on the Early Learning Foundations (Mathematics Domain), this workshop shows how shapes and patterns are a fun part of math center activities. Learn how to teach geometry and spatial sense; how patterning is the evidence of the skill of sequencing; and how to effectively use shapes and patterns to teach children mathematics concepts while keeping learning interesting and fun. This workshop will show the sequence of skills learned so that children stay engaged.

Show Me Your Math: Rulers & Graphs
Environment and Curriculum
Intro
3 Hours
Based on the Early Learning Foundations (Mathematics Domain), this is an interactive workshop that focuses on how to teach children about measurement and how to document and record math. Caregivers will learn practical ideas and everyday ways to teach measurement and data concepts from the Early Learning Foundations Mathematics Measurement and Data subdomains.

Sing, Dance & Stomp
Environment and Curriculum
Intro
3 Hours
Based on the Early Learning Foundations (Creative Expression Domain), this workshop invites you to sing, dance and stomp your way to bringing more music and movement into your class. Learn how to incorporate music and movement into transitions and everyday activities to make learning fun for you and your students!

Special Quest
Multiple Topics
Intermediate
18 Hours
Inclusion Credential
Participants will develop a vision for Inclusion in their program, learn the importance of collaboration and the role of the "Team" in creating and implementing an Inclusive environment. Participants will learn about the IFSP (Individualized Family Support Plan) and IEP (Individual Education Plan) process and how collaboration with the team influences outcomes for children. This workshop helps programs build a foundation of belief and practice of inclusion as a principle of philosophy of practice.

Success in the Classroom: How to Make Learning Accessible for All Children
Multiple Topics
Intermediate
18 Hours
Inclusion Credential
OFFERED BY EASTER SEALS
This series will provide early childhood professionals with the knowledge, skills and practical

solutions to successfully include children with disabilities in their classroom/program. Topics include: autism, behavioral challenges, sensory disorders, physical disabilities, communication delays; and how to talk to families when you have a concern about a child.

Supporting Children Learning English as a Second Language
Multiple Topics
Advanced
4 Hours
This session will introduce early learning professionals to the benefits of second language acquisition and will teach them about first and second language development. Early learning professionals will also develop strategies to support children learning English as a second language and to support families who have children learning English as a second language.

Supporting Sensory Learning: Infants, Toddlers and Beyond
Environment and Curriculum
Intro
3 Hours
Participants in this workshop will have an opportunity to discuss current research about

sensory learning and its value to a child's development. Many activities and ideas are

presented for integrating sensory learning into everyday routines and play.

Visual Arts
Environment and Curriculum
Intro
3 Hours
Based on the Early Learning Foundations (Creative Expression Domain), this workshop reminds participants that everyone has different tastes and styles in art, but it can be an amazing means of self-expression as well as a useful assessment tool. Creative expression through visual arts is personal and reflective of personalities and learning. This workshop is fun, interactive and creative and will help early childhood professionals look at art in new ways, teaching them to promote self-expression and learning in children.